



Canadian Mental
Health Association
Champlain East

Strategic Plan 2014 - 2017

Our Vision

To provide leadership in “recovery based” mental health and concurrent disorder services through a high quality system that is easily accessible to all citizens in the Counties of S. D. G. & Prescott-Russell.

Our Mission

CMHA is committed to working in a partnership with individuals, families and community resources to enhance the development and continued support of mental health for all citizens.

Our Values

Social justice
Individual and collective responsibility
Access to appropriate and adequate resources/ supports
Self-determination
Community integration
Integrity
Partnership
Excellence
Accountability
Creativity

STRATEGIC DIRECTIONS

Provide mental health/concurrent disorder services with a holistic approach based on the recovery principles.

Goals:

- Be a system navigator for mental health and addiction services for Champlain East
- Increase access to specialized mental health services.
- Provide leadership in housing services.
- Enhance our Resource Centres and Peer Support programs.
- Increase client and family input in the decision making process.

Be the lead agency for Mental Health Promotion.

Goals:

- Increase capacity to deliver Mental Health Promotion initiatives to the schools and the general public.
- Provide various training opportunities to assist employers with mental health issues.
- Provide leadership in suicide prevention to address the prevalence of suicide rates.
- Incorporate the components of mental health promotion in all Branch programs.

Be an employer of choice in mental health

Goals:

- Ensure effective communication throughout the Branch.
- Enhance employee satisfaction that fosters employee involvement.
- In a Quality Improvement Framework; monitor and assess processes and programs to achieve high standards of quality and safety.
- Use technology to improve efficiency and effectiveness while reducing waste.

Contact us at:

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