

CAR PARADE

MENTAL HEALTH AWARENESS WEEK

WHEN:

October 7TH, 2020

WHERE:

Cornwall, Ontario

TIME:

10:00AM

CAR PARADE DECORATING CONTEST

FOR ALL EVENT DETAILS:

please register by phone or email

EVENT WILL BE LIMITED TO 20 VEHICLES

Due to COVID-19 car pooling limited to your safe social bubble

AWARENESS WALK

Virtual | Oct. 4TH - 10TH

JEOPARDY CHALLENGE

Virtual | Oct 8TH

English: 11:00AM

French: 2:00PM

HOPE AWARD

Virtual

by invitation | TBD



Register with Angele D'Alessio by October 2nd, 2020:

Call 613-551-9253 or email dalessioa@cmha-east.on.ca



Canadian Mental
Health Association
Champlain East
Mental health for all

Association canadienne
pour la santé mentale
Champlain Est
La santé mentale pour tous